



Whitening for Life Program

We are excited to see your interest and commitment to a whiter, brighter smile! Here are the details of our White for Life Program:

1. We will take impressions for your custom whitening trays upon completion of a comprehensive exam, x-rays, and prescribed cleaning. Treatment must be paid in full at the time of service or be submitted to insurance for reimbursement. Patients utilizing the Savings Plan for their initial visits will be eligible after 6 consecutive months of payments.
2. Some dental conditions such as gum inflammation or decay may need to be addressed prior to taking impressions for the whitening trays.
3. At the time of delivering your custom whitening trays two tubes of professional whitening solution will be given to you, with instructions on how to apply and use them.
4. One additional tube of professional whitening solution will be given at every hygiene visit.
5. Replacement of worn or damaged whitening trays is offered every 2 years or 4 hygiene visits, whichever is later. If new trays are needed before any of the criteria is met the patient will be responsible for paying for a new set.
6. Get regular dental care. Regularly scheduled professional cleanings will help to preserve your new smile. Program terminates after 1 year of lapse in hygiene.
7. Changes in the teeth due to shifting, orthodontics and new restorations may prevent the whitening trays from fitting properly. If new trays need to be made because of dental changes, before the patient is eligible for replacement, these will be billed at the regular rate.

*Important Note: Whitening trays are not designed to act as a night guard. Clenching or grinding while the whitening trays are in place will dramatically shorten the life of the whitening trays.

TO BE FILLED OUT AT THE OFFICE, A COPY WILL BE MADE TO KEEP ON FILE.

I _____ (Patient's Name) want to sign up for the White for Life Program. I read and understand the points listed above regarding the White for Life Program.

Signature of Patient

Date

Whitening for Life Program

Take-Home Whitening Instructions

Congratulations on your whiter, brighter smile! We're sure that you will want to do everything you can to protect it. Here are some helpful tips:

8. During the whitening process your teeth will be vulnerable to staining. For this reason you should avoid the following:

- Tobacco
- Red wine
- Coffee and tea
- Berries or other dark fruit
- Tomatoes or tomato sauces
- Colas
- Foods containing artificial dyes or artificial coloring

9. Wear times differ with the percentage of whitening gel. The difference is to customize a program for each individual and their sensitivity needs.

10% gel is worn for 8-10 hours or overnight

20% gel is worn for 2-4 hours

35% gel is worn for 30 minutes

10. All whitening procedures eventually wear off and return to a darker shade. To prolong the whiteness, avoid tobacco and minimize your use of staining food and beverages. You may want to touch up with our touch-up kits and this is commonly done once every six months to a year.

11. Get regular dental care. Regularly scheduled professional cleanings will help to preserve your new smile. Now that you have made an investment in your new smile, you may want to take care of any dental problems that you have been putting off.

Please call 303-284-0202 if you have any questions or concerns.